

♥♥ (You will LOVE These!) ♥♥

# Top TEN Tips for Raising Children with Special Needs

This class will go over parenting tips specific for parents of children with disabilities, including:

Mindset

Grief with a new diagnosis or challenge

Dealing with crisis

Parenting techniques that work

Advocating for your child

Controlling your level of stress

Dealing with unwanted advice

Having laughter and hope in the journey!

THURSDAY  
FEBRUARY  
9TH

7 - 8:30 PM

Register to Attend Via Zoom

<https://bit.ly/Nebo10TIPS>

Questions?

Contact Heidi Whittaker, Parent Consultant Serving Nebo School District

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