



Attention: **Nebo Parents**

join our next Mental Health Series...

Helping Your Child Succeed - Three Parenting Styles

Course Created by:

Dr. Kevin Skinner, LMFT, CSAT, EMDR

Learn practical ways you can improve parental warmth which is one of the key areas of principle-based parenting. Children who experience parental warmth are found to be more creative, experience less depression, and have healthier self-esteem.

Parent will learn about:

- Parental Warmth
- Behavioral control
- Monitoring behaviors
- Psychological control



February 15, 2024

6:00–7:00 PM
via Zoom



Register Here

<http://cookcenter.info/Feb15Nebo>

Nebo
SCHOOL DISTRICT